

REDUCE YOUR RISK OF THE **CORONAVIRUS**

Protect yourself and others from getting sick.



Put a **“social distance”** of 6-feet between yourself and other people.

Avoid touching your eyes, nose, and mouth.



Wash your hands often with soap and water for at least 20 seconds.

If soap and water are not readily available, use a hand sanitizer.



Cover your mouth and nose with a tissue or use the inside of your elbow when you cough or sneeze.

Then immediately wash your hands with soap and water or use hand sanitizer.



Stay home if you are sick, except to get medical care.